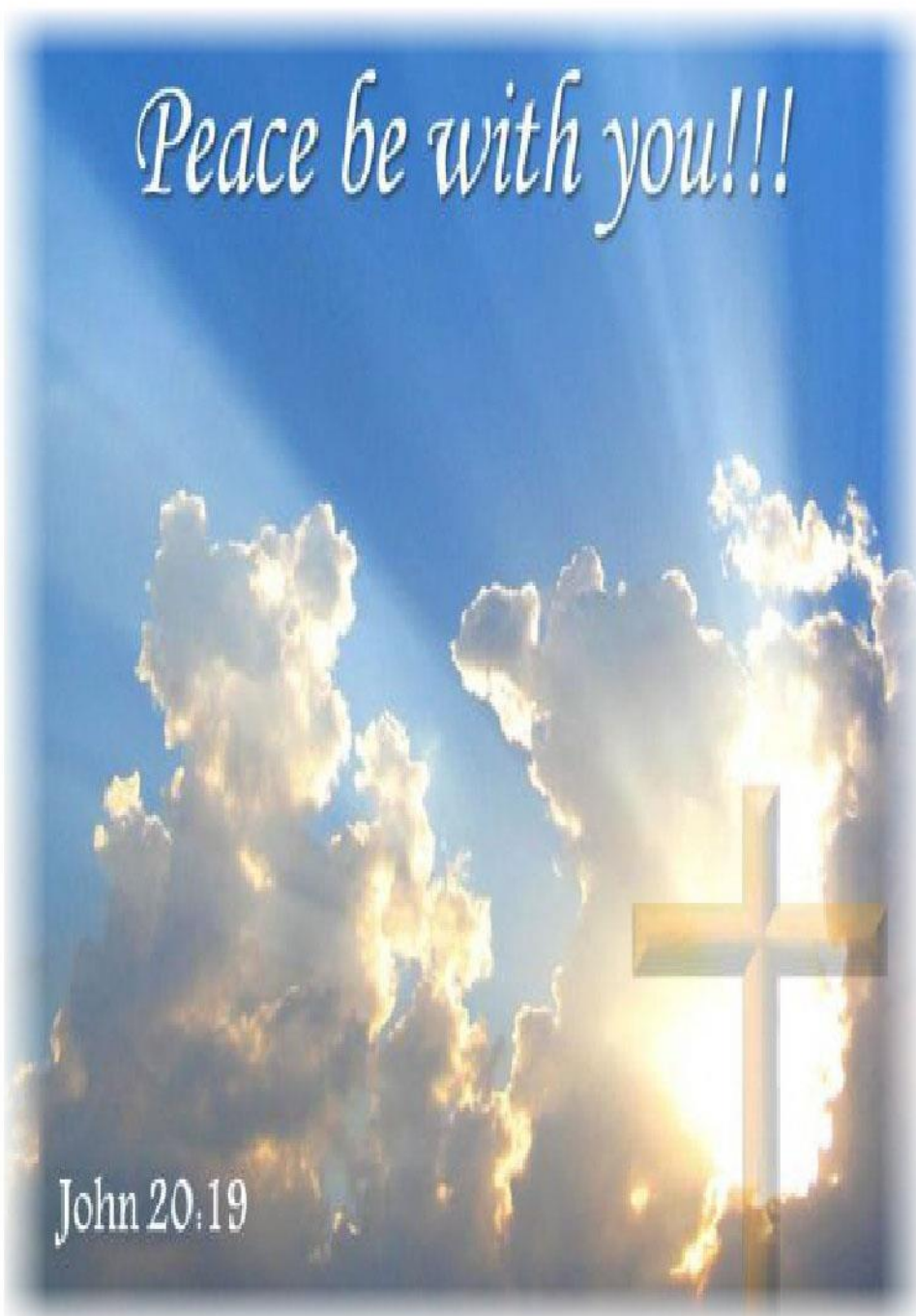


November 21, 2021 thru November 27, 2021

Peace be with you!!!

John 20:19



Propehtic Word - November 18, 2021

Evangelist Barbara Lynch

If there was a way out of the valleys, you would have found them already; but the only way out of a valley is to lift up your hands towards Me and seek My face with all of your being and I will answer that call and I will walk you through your valley experiences. The valley is there to strengthen you and to cause you to draw closer to Me.

If you will look, there is much wisdom in your valley experiences. I would never allow a valley experience, if there wasn't anything to learn in the valley.

Some say cruel; others say I don't understand why! But I say unto you, every valley carries its rewards and if you would allow Me to, I would point out those rewards while you are still in the valley. Praise your way through the valley and watch what miracle I perform for you. Remember, there is much to glean out of your valleys.

1 Kings 20:28 (MSG) 28 Just then a holy man approached the king of Israel saying, "This is GOD's word: Because Aram said, 'GOD is a god of the mountains and not a god of the valleys,' I'll hand over this huge mob of an army to you. Then you'll know that I am GOD."

Psalm 84:5-7 (NKJV) 5 Blessed is the man whose strength is in You, Whose heart is set on pilgrimage. 6 As they pass through the Valley of Baca, They make it a spring; The rain also covers it with pools. 7 They go from strength to strength; Each one appears before God in Zion.

Joel 3:14 (NKJV)

14 Multitudes, multitudes in the valley of decision! For the day of the LORD is near in the valley of decision.

**Even though I walk
through the valley of the
shadow of death, I will fear
no evil.**

Psalm 23:4



Peace Like A River
Evangelist Barbara Lynch

Isaiah 66:12 (NKJV) 12 For thus says the LORD: "Behold, I will extend peace to her like a river, And the glory of the Gentiles like a flowing stream. Then you shall feed; On her sides shall you be carried, And be dandled on her knees.

Isaiah 48:18 (NKJV) 18 Oh, that you had heeded My commandments! Then your peace would have been like a river, And your righteousness like the waves of the sea.

How I long for My remnant to flow in perfect peace. I desire that you no longer look at the circumstances around about you. You are My anointed ones that I have chosen to bring in this great harvest of souls. To do this, you must stay in perfect peace. The enemy is trying to bring confusion into your lives, so you take your eyes off of Me and by so doing, you get out of peace.

Isaiah 26:3 (NKJV)

3 You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You.

Remnant Ones, since when does the enemy have more power and authority than My Word. My Word is real. It is yes and amen, and it will provide what I have spoken through the Holy Spirit. Come now little ones and let us reason together. Let us sort out all that is displeasing to Me and let us comprehend exactly what is going on. The enemy is trying to build a stronghold around My Remnant Ones. You cannot allow this to happen. You cannot give him anymore leave way.

John 14:26-27 (NKJV) 26 But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you.

27 Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.

Our shoes of peace are the most neglected pieces of battle gear within the full armor of God mentioned in Ephesians Chapter 6 Ephesians 6:15 (NKJV) and having shod your feet with the preparation of the gospel of peace;

Do what the Bible says to do—seek peace and pursue it. (Psalm 34:14 (NKJV)

14 Depart from evil and do good; Seek peace and pursue it. {pursue the Word.} Whenever you lack peace, stop what you're doing right then and get in the Word.

Romans 8:6 (NKJV) 6 For to be carnally minded is death, but to be spiritually minded is life and peace.

Philippians 4:6-7 (NKJV)

6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

There's Hope in Jesus

Teresa Michieli

Every morning when I sit with God, I am refreshed and ready to be about the day. His mercies are new every morning.

When your day seems to be going in the wrong direction and you feel yourself sinking, call on Jesus. Go forth with the sacrifice of praise even when your flesh is crying out. Put forth an effort to go past that place of weakness the enemy is using to pull you down. I found that by closing my eyes and saying the name of Jesus over and over until peace comes, will lift me up from that place of despair.

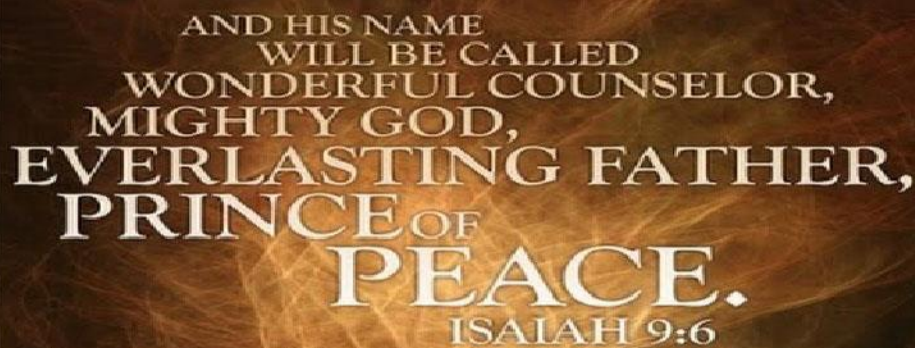
You can do it! You are not alone, Jesus is right there inside of you. He said He would never leave you or forsake you. You have to place yourself in your mind, that you are alone with Jesus. He is the only One who can help you and is so willing to do so.

Determine in your mind that in your weaknesses, Jesus is strong for you. Don't give in and don't give up. We the body of Christ are cheering you on with our prayers. I have such a determination that God has spoken His will over my life, and those words will not return void. He has spoken over your life also. He said it all in His Word and it is for you. What God said will come to pass.

Hope deferred makes the heart sick. (Proverbs 13:12) Grab a hold of what God says over your life. Never let it fall to the ground. You are fearfully, wonderfully made in God's image. (Psalm 139:14) God made you to love you. He made you for His own good pleasure. He has so much love for you and He wants you to believe that He does love you.

Stand for who God calls you. Not what man says or what the enemy lies to you. No, you are a righteous child of the Most High God. No one can take that title from you.

Now, go forth and lift the hand of another who needs help. Out there is someone who does not know Jesus as you do. Gather them up and tell them the good news about your Savior. Don't let one who is walking in despair stay in that place when you have so much hope to give. Remember you are more than a conqueror in Christ Jesus!



AND HIS NAME
WILL BE CALLED
WONDERFUL COUNSELOR,
MIGHTY GOD,
EVERLASTING FATHER,
PRINCE OF
PEACE.
ISAIAH 9:6

Distraction

Reverend Astrid Sherriff

The word distraction is defined in the Bible as the action and effect of distraction, In Nehemiah **1:1-11** These are the words of Nehemiah son of Jacaliah: In the month of quisleu of the twentieth year, while I was in the citadel of Susa, 2 Janani, one of my brothers, arrived along with some men from Judah. Then I asked them about the rest of the Jews who had been spared exile, and about Jerusalem. **3** they answered me: "Those who escaped exile and remained in the province are facing great calamity and humiliation. The wall of Jerusalem is still torn down, its gates consumed by fire." **4** Hearing this, I sat down to cry; I grieved for a few days, fasted, and prayed to the God of heaven. **5** I said to him, "LORD, God of heaven, great and fearsome, that you keep the covenant and are faithful to those who love you and obey your commandments, **6** I beg you to pay attention to me, to fix your eyes on this servant of yours who day and night prays on behalf of your people Israel. I confess that the Israelites, including my family and I, have sinned against you. **7** We have offended you and corrupted us greatly; we have disobeyed the commandments, precepts, and decrees that you yourself gave to your servant Moses. **8** "**Remember**, I beg you, what you said to your servant Moses: "If you sin, I will scatter you among the nations: **9** but, if you turn to me, and obey and put into practice my commandments, even if you have been taken to the most secluded place in the world I will gather you and make you return to the place where I have decided to dwell." **10** "**They** are your servants and your people whom you redeemed with great display of strength and power. **11** Lord, I beg you to hear our prayer, for we are your servants, and we are pleased to honor your name. And I ask that you grant this servant of yours to succeed and to win the favor of the king." At that time, I was the king's cupbearer. When Nehemiah was King's cupbearer, his heart was moved by the misfortune in his people and the situation in Jerusalem. With the king's permission he set out to rebuild it. He encountered many obstacles, but he did not allow it to distract him from the task entrusted by God. When Nehemiah cried out for her brothers in Jerusalem, God showed her exactly what she had to do. The most important thing is to be in the center of God's will. God gave Nehemiah favor with the king, to give him permission to build the wall in Jerusalem. Knowing that we are where he wants us to be gives us the confidence to face problems without making any mistakes. Nehemiah had the Lord's priority to rebuild the city. God has always planned things for us to do, and to carry out. We must always identify those who want to interrupt our work, divert our attention, or attack us personally do not come from God. Distractions have an external origin in us, and any of them can cause us to depart from God's plan for us. As a model we must follow the example of Nehemiah. God shows us His favor, and God's blessing is with us when we are obedient to Him. Nehemiah had to inform the king how everything was going because he was the king's cupbearer. Nehemiah finished the project in 52 days. Nehemiah always prayed and fasted to hear God's voice and instructions. When time came for trials Nehemiah and his companions cried out to God, and he thwarted his enemy's plans and gave Nehemiah discernment to avoid the traps or distractions of the enemy. **1 Corinthians 3:12-15** If anyone builds on this foundation, whether with gold, silver, and precious stones, or with wood, hay, and straw, **13** his work will be shown as it is, for on the day of

judgment he will expose it. The fire will make it known and will test the quality of each one's work. 14 if what someone has built remains, he will receive his reward. 15 but, if his work is consumed by the flames, he will suffer loss. He will be saved, but like one who passes through the fire.

Distraccion

Reverenda Astrid Sherriff

La palabra distracción es definido en la biblia como la acción y el efecto de distraer, En **Nehemías 1:1-11** Estas son las palabras de Nehemías hijo de Jacalías: En el mes de **quisleu** del año veinte, estando yo en la ciudadela de Susa, **2** llegó Jananí, uno de mis hermanos, junto con algunos hombres de Judá. Entonces les pregunté por el resto de los judíos que se habían librado del destierro, y por Jerusalén. **3** Ellos me respondieron: «Los que se libraron del destierro y se quedaron en la provincia están enfrentando una gran calamidad y humillación. La muralla de Jerusalén sigue derribada, con sus puertas consumidas por el fuego». **4** Al escuchar esto, me senté a llorar; hice duelo por algunos días, ayuné y oré al Dios del cielo. **5** Le dije: «Señor, Dios del cielo, grande y temible, que cumples el pacto y eres fiel con los que te aman y obedecen tus mandamientos, **6** te suplico que me prestes atención, que fijes tus ojos en este siervo tuyo que día y noche ora en favor de tu pueblo Israel. Confieso que los israelitas, entre los cuales estamos incluidos mi familia y yo, hemos pecado contra ti. **7** te hemos ofendido y nos hemos corrompido mucho; hemos desobedecido los mandamientos, preceptos y decretos que tú mismo diste a tu siervo Moisés. **8**» **Recuerda**, te suplico, lo que le dijiste a tu siervo Moisés: “Si ustedes pecan, yo los dispersaré entre las naciones; **9** pero, si se vuelven a mí, y obedecen y ponen en práctica mis mandamientos, aunque hayan sido llevados al lugar más apartado del mundo los recogeré y los haré volver al lugar donde he decidido habitar”. **10**» **Ellos** son tus siervos y tu pueblo al cual redimiste con gran despliegue de fuerza y poder. **11** Señor, te suplico que escuches nuestra oración, pues somos tus siervos y nos complacemos en honrar tu nombre. Y te pido que a este siervo tuyo le concedas tener éxito y ganarse el favor del rey». En aquel tiempo yo era copero del rey. Cuando Nehemías era copero de Rey se le conmovió el corazón por el infortunio en su pueblo y la situación en Jerusalén. Con el permiso del rey partió a reconstruirla. Encontró muchos obstáculos, pero no permitió que lo distrajera de la tarea encomendada por Dios. Cuando Nehemías clamó por sus hermanos en Jerusalén, Dios le mostro exactamente lo que la tenía que hacer. Lo mas importante es estar en el centro de voluntad de Dios. Dios le dio favor a Nehemías con el rey, para que le diera permiso a construir la muralla en Jerusalén. El saber que estamos donde quiere que nosotros estemos nos da la confianza para enfrentar los problemas sin ningún equivocarnos. Nehemías tenía la prioridad del Señor de reconstruir la ciudad. Dios siempre ha planeado cosas para que las hagamos, y las llevemos a cabo. Siempre debemos identificar los que quieren interrumpir nuestro trabajo, desviar nuestra atención, o atacarnos personalmente no vienen de parte de Dios. Las distracciones tienen en nosotros un origen externo, y cualquiera de ellas puede hacer que nos apartemos del plan que Dios tiene para nosotros. Como modelo debemos seguir el ejemplo de Nehemías. Dios nos muestra su favor, y la bendición de Dios esta con nosotros cuando le somos obedientes a él. Nehemías tenía que informarle al rey como iba

todo porque él era el copero del rey. Nehemías termino el proyecto en 52 días. Nehemías siempre oraba y ayunaba para escuchar la voz de Dios y sus instrucciones. Cuando llego tiempo de pruebas Nehemías y sus compañeros clamaron a Dios, y el frustró los planes de su enemigo y le dio discernimiento a Nehemías para evitar las trampas o distracciones del enemigo. **1 corintios 3:12-15** Si alguien construye sobre este fundamento, ya sea con oro, plata y piedras preciosas, o con madera, heno y paja, **13** su obra se mostrará tal cual es, pues el día del juicio la dejará al descubierto. El fuego la dará a conocer, y pondrá a prueba la calidad del trabajo de cada uno. **14** si lo que alguien ha construido permanece, recibirá su recompensa, **15** pero, si su obra es consumida por las llamas, él sufrirá pérdida. Será salvo, pero como quien pasa por el fuego.

Blessings

Reverend Aaron Betz

Through it all and as we stay the course, God will continue to bless us. Let's look at the blessing we are qualified for according to God's word. It all starts here:

Galatians 3: 13-14 Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, "Cursed is everyone who hangs on a tree"), **14** that the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through faith.

Galatians 3: 7-9 Therefore know that *only* those who are of faith are sons of Abraham. **8** And the Scripture, foreseeing that God would justify the Gentiles by faith, preached the gospel to Abraham beforehand, *saying*, "In you all the nations shall be blessed." **9** So then those who *are* of faith are blessed with believing Abraham.

Here is the blessing of the Lord over His Obedient People:

Deuteronomy 28: 5-7 Your basket and kneading bowl will be blessed. **6** You will be blessed when you come in and blessed when you go out. **7** The LORD will cause the enemies who rise up against you to be defeated before you. They will march out against you in one direction but flee from you in seven.

This blessing speaks of provision on all sides as well as protection and an assured victory. Our foes will not be allowed to linger or prosper; they will be defeated from before us. In confidence, the enemy's camp will pursue us but their purpose will be destroyed and they will have to scatter; running for their lives so to speak.

According to Galatians 3:9 we are blessed along with Abraham. Perhaps his most precious blessing was the blessing of closeness with God. We too may have this closeness.

James 2: 23 And the Scripture was fulfilled which says, "Abraham believed God, and it was accounted to him for righteousness." And he was called the friend of God.

What blessings is God bringing your way? What is has He spoken and what is He speaking to you?

"Towards never won heaven. Do not claim that you are begotten of God and have His royal blood running in your veins unless you can prove your lineage by this heroic spirit: to dare to be holy in spite of men and devils." - William Gurnall.

Thanksgiving 2021 is shaping up to be the most expensive in history.

Prices of processed turkeys are up 40.7 percent compared with a year ago, data from the Department of Labor's Producer Price Index showed Tuesday. That's even after falling a seasonally adjusted one percent in October.

It may be hard to even find turkeys in some parts of the country this year. The Wall Street Journal reported that turkeys were 60 percent out of stock. Cranberries, yams, and sweet potatoes are also low in stock.

Grain prices are 40.8 percent higher than a year ago, driving up the prices of our largely grain-fed turkey crop. Beef and veal prices are up 41.5 percent compared with a year ago. Overall, food prices are running 10.5 percent higher than a year ago.

Getting to the family Thanksgiving will be costlier with gasoline prices are up close to 90 percent, according to the Producer Price Index. Airfares, fortunately for passengers, are near where they were a year ago and still well below pre-pandemic levels.

Home heating oil is up 114.8 percent. Residential natural gas prices are up 28.7 percent. Residential electricity prices are up 5.6 percent.

Overall, the Producer Price Index—which measures prices from the point of view of sellers—is up 8.6 percent compared with a year ago, tying the record high set last month.

“Through It All.”

Shared by Evangelist Shirley Killen

There is a song that I believe almost everyone can relate to at one time in their life. That I would like to share. That song is “Through It All.”

I've had many tears and sorrows, I've had questions for tomorrow, there's been times I didn't know right from wrong. But in every situation, God gave me blessed consolation, that my trials come to only make me strong.

I've been to lots of places, I've seen a lot of faces, there's been times I felt so all alone. But in my lonely hours, yes, those precious lonely hours, Jesus lets me know that I was His own

I thank God for the mountains, and I thank Him for the valleys, I thank Him for the storms He brought me through. For if I'd never had a problem, I wouldn't know God could solve them,

I'd never know what faith in God could do.

Through it all, through it all, I've learned to trust in Jesus, I've learned to trust in God. Through it all, through it all, I've learned to depend upon His Word.

Prophets, the Lion of Judah Is Roaring: This Is Where It Ends!”

Lana Vawser, Adelaide, South Australia

Recently, I had an encounter with the Lord where I saw the Lion of Judah roaring over many prophets. I heard His voice thunder: "THIS IS WHERE IT ENDS."

The authority and the power in His voice caused everything to shake. The Lord then began to show me that MANY prophets have been experiencing

levels of warfare and attacks of witchcraft unlike anything they've experienced before. I saw that SO many prophets are tired from the level of push-back they have been experiencing in this season. It felt like their constant stance has been one of 'push-through,' as things have been coming at them from every side.

The Whirlwind

Again, the Lord spoke: "I am going to show you what the attack looks like." Then I saw a HUGE whirlwind come into the prophets' lives, battering them from so many directions. The Lord's voice spoke again: "The constant battering is causing them to question the vision."

This attack has come so intensely in this season, attempting to bring a strong confusion and disorientation over what the Lord has spoken and is speaking. It's been coming hard and fast, trying to get them to lose their footing and just wander aimlessly.

But the Lion of Judah is roaring: "THIS IS WHERE IT ENDS."

A Turning

When the Lord's voice thundered in my encounter, I knew He wasn't saying that the warfare is ending forever. He was saying that there is a turning taking place within this warfare; the hand of the Lord God Almighty is turning the enemy's schemes on their head.

I then started to see outside of this fierce whirlwind; things began flying out of it. I was so surprised because these were things I did not expect. They were items representing recompense, double, ten-fold, spoils, restoration, acceleration, places of life and flourishing. The themes of Genesis 50:20 and Romans 8:28 surrounded me, and I felt that the Lord was taking what the enemy meant for evil and turning it for our good.

His voice came forth again: "Where this whirlwind has come into the lives of many of My prophets and brought a 'battering' in every direction, I am declaring a mighty 'turning'—only by the power of My hand and My Spirit—to bring forth recompense, restoration, accumulation of spoils, acceleration, places of life and flourishing in EVERY direction."

Find Your Breath Again

I felt strongly (in the spirit) that the battle had been very intense for these prophets; it almost took them out. Now the Lord is saying: "I am giving you permission to rest awhile." It is almost as if many prophets have been feeling like they need to keep pushing through, even though they are feeling so weary, so empty and so battered. But the Lord is saying, "Come and lay down beside the still waters and receive your refreshment. Find your breath again.

Increase, Vision and Insight

"Not only am I 're-establishing' My prophets on their feet again (where they have felt like they've been knocked off their feet), I am raising them up again in greater increase in their land, with greater clarity and conviction of the vision. They will go forth from this season to prophesy and equip the saints in a greater anointing, strength, fire, empowerment and vision than ever before."

His voice thundered one final time: "Where the enemy came to bring such confusion and cause a disorientation in many of My prophets, I now declare over you: Come before Me and listen, for I am giving you vision and divine insight [to see] further than you have ever seen before."

Trauma Bonding pt. 3

Reverend Kathryn Gore

Last week, we spoke about signs of Trauma Bonding. This week we are going to discuss why trauma bonding happens.

According to research, trauma bonding can develop “attachment behaviors” that form from an infant stage of life. Though trauma bonding can be found the most in romantic relationships, it can also occur within abusive parent-child relationships, sex trafficking, military training, kidnapping, cults, and hostage situations. A person can form a sense of dependency in needing the abuser to fulfill their emotional and spiritual needs. The attachment pattern alternates between devaluation (very low worth) and intimacy. The person you want to console you the most is the one hurting you.

"Human beings are born helpless, so we are hardwired at birth to search for and attach to a reliable caregiver for protection," Peter Lovenheim, author of *The Attachment Effect*, writes at mbg. "The quality of that first bond—loving and stable or inconsistent or even absent—actually shapes the developing brain, influencing us throughout life in how we deal with loss and how we behave in relationships."

Have you ever noticed how a child interacts with their parent or an adult that is consistent within their lives? I've seen happy children [loving families] to sad, angry babies [broken families]. It's so important for us as individuals to live a healthy life as scriptures suggest for us to do. Our behavior affects others around us.

According to Nadine Macaluso, "The irregular and unpredictable cycle of cruelty mixed with caring gestures are critical to forming traumatic attachments. No abusive person is mean or threatening all of the time, and because you don't see the trauma-bonded relationship as being abusive, the bad behaviors aren't identified in time and may be waved away at the start."

How many can say growing up, it was normal to say or feel like you were apart of a dysfunctional family? It's very unusual to consider a family being healthy, living in one mind, being on one accord. This is what we should strive for but how many of us are healthy individuals?

In scripture, God speaks about family.

Proverbs 22:6-Train up a child in the way he should go; even when he is old he will not depart from it.

1 Peter 3:7- Likewise, husbands, live with your wives in an understanding way, showing honor to the woman as the weaker vessel, since they are heirs with you[a] of the grace of life, so that your prayers may not be hindered.

1 Peter 3:1-Likewise, wives, be subject to your own husbands, so that even if some do not obey the word, they may be won without a word by the conduct of their wives, 2when they see your respectful and pure conduct.

“Attachment issues stemming from childhood can also contribute to the formation of trauma bonds.” Travers and Macaluso both add. Trauma Bonds can really damage the soul of a person. It's time for us to be healed and made whole.

Stay tune for more information on Trauma Bonding

"God is most glorified in us when we are most satisfied in Him."

- John Piper

pg 10

10 Ways God Speaks to His People (Part 1)

By Theresa McGinnis

God is almost always speaking to us if we are receptive to what He wants from us. So, if you have positioned yourself to hear from Him and you are walking in obedience but you still aren't hearing Him, then it is possible that you don't recognize His mode of communication. And there are many, many ways that God communicates with His children.

1. The Holy Spirit Speaks through Supernatural Wisdom

In Ephesians Paul prays that God will give us a spirit of wisdom and revelation in the knowledge of Jesus (Ephesians 1:17). 1st Corinthians 1:24, 30 tells us that Jesus is our wisdom. Sometimes God speaks prophetic wisdom in our hearts, and so many times we reason ourselves out of it. We block out the supernatural wisdom of God when we let our minds override our hearts. Spiritual wisdom is something that I have often prayed for in one way or another, and it is something that we all need.

2. The Holy Spirit Speaks through Dreams by Night and Visions by Day.

Dreams and visions are not just something out of the Bible times, but they are also very real today. In Acts 10:10 we read where Peter has fallen into a trance and in 2nd Corinthians 12:3 Paul had his own supernatural encounters-whether in the body or out of the body, he did not know. And then there was John who wrote the entire book of Revelations based on a supernatural vision. God spoke in dreams and visions all those days ago and He still is to those who are open to them. But remember that all dreams and visions are not God inspired, and even the enemy can invade your dreams and cause you to have nightmares. 3 guidelines for dreams and visions are: 1. It won't contradict the Word of God. 2. God will give you an immediate interpretation of the dream. 3. You will be unable to shake it off, it will stay with you until you are pressed to pray, to take it to God and to ask for an interpretation or to submit it to your elders for review.

3. The Holy Spirit Speaks through Practical Surroundings.

God can and will talk to us through nature, through practical situations and in our everyday surroundings. Let's look at **Proverbs 24:30-34, "I went by the field of the slothful, and by the vineyard of the man void of understanding, and it was all grown over with thorns, and nettles covered it's surface, and the stone wall was broken down. Then I saw and considered it; I looked on it and received instruction: yet a little sleep, a little slumber, a little of the folding of hands to sleep, so your poverty will come like a stalker, and your need as an armed man."** God also spoke to Solomon through this practical experience. It wasn't a still small voice or a supernatural encounter, he was just strolling along pass a lazy man's field, and he prophetically received a powerful bit of wisdom from God.

These are the first 3 ways that God speaks to us, join again next week for Part 2.

Don't Believe We Live in the End Times? The Bible Disagrees

11:00AM 11/17/2021 Shawn A. Akers

For those who don't believe that the Bible has anything to do with what is going on in the 21st century, Pastor Jack Hibbs says they should think again. And for those who do not believe the end times are near, Hibbs says

everyone, not just believers, should pay close attention to what is happening in the world right now.

The lead pastor of Calvary Chapel Chino Hills in Chino Hills, California, Hibbs says you need only to observe the current climate of culture to discover that it has become one of immorality and one that is "spinning out of control." Hibbs says Jesus spoke of this 2,000 years ago, and Hibbs quoted scripture to back it up:

"Jesus said there would come a time of the escalation against truth," Hibbs says. "In Matthew 24:3-5, he says, 'Take heed that no one deceives you.' For many will come in my name saying I am the Christ, and will deceive many."

"Jesus said there will come an escalation of the deconstruction regarding society. God's pattern was that I have made human beings in my image. Genesis 1:27 says, 'So God created man in His own images; in the image of God he created him; male and female he created them.'" Does that ring a bell with the entire transgender issue?

"Jesus said there will come an escalation of calamities in society. In Matthew 24:7, it says, 'For nation will rise against nation.'"

"Jesus said there would come an escalation of the death of brotherly love. Man's common, general love for one another will wane. Many will be offended. Matthew 24:10,12 says, 'Then many will fall away and betray one another, and hate one another. And many false prophets will rise and deceive many. Because iniquity will abound, the love of many will grow cold.'" Sound familiar?

"Jesus said there will be a devaluing of human life. Luke 17:26-30 says, 'Just as it was in the days of Noah, so will it be in the days of the Son of Man. They were eating, drinking, marrying, and were given in marriage until the day when Noah entered the ark. Then the flood came and destroyed them all. Likewise, as it was in the days of Lot: They ate, they drank, they bought, they sold, they planted, they built. But on the day that Lot departed from Sodom, fire and brimstone rained from heaven and destroyed them all. So will it be on the day when the Son of Man is revealed.'"

The Bible says there will come an escalation of disregard for the law. Genesis 6:5 reads, 'The Lord saw the wickedness of man was great on the earth, and that every intent of the thoughts of his heart was continually only evil.'"

"Jesus said there will come an escalation of racism upon the earth. Matthew 24:7 says, 'For nation will rise against nation and kingdom will rise against kingdom.'"

Jesus said there will come an escalation of fear. Luke 21:11 says that 'great earthquakes will occur in various places, and there will be famines and pestilence. And there will be terrors and great signs from Heaven.'" Fear of the COVID pandemic has gripped the world for almost two years. The economy is shaky, prices for everything are rising, and anxiety levels in society are at a fever pitch.

"Jesus said there will be an escalation of the divorce of man from God. Man will, as it were, launch a case against God to divorce himself from God. God will no longer be in our thinking, no longer be in our world, no longer be in our classrooms, no longer be in our courts and no longer be in our marriages. He will no longer be. We will become like 'gods' and call the

shots and run the show. What happens to a culture when something like that takes place?"

Hibbs says all the signs are there. It's time for believers to wake up and see them right before our eyes.

Can You Hear It?

Reverend Brett Connell

There is a sound from Heaven that is being released into the world, because in many ways the Kingdom of Heaven has touched Earth and the glory of God is being spread abroad through the many vessels that answered the call to dwell within the Third Heavens.

You may experience hearing songs of praise and worship that have no earthly source upon investigation, and you will come to a place where you can choose to believe it is either a figment of your imagination – or the heavenly songs being sung by the angelic host in your midst. I encourage you to believe the latter, for there are so many benefits to being bathed by the presence of God through the intimate meeting of Heaven and Earth right where you are!

The miracles are in the praise, and this is where God wants us to be. Signs, wonders, and miracles will accompany a heart that is truly praising God in all things and at all times. I personally feel that God is opening entire gates of Heaven over people to jumpstart their faith and woo them into that sweet song of praise in their hearts, because God wants to show them wonderful signs and perform the miracles they have need of.

God is able and willing to perform the miracles we all have need of, no matter where we are. But we must do our part in conditioning our hearts to praise Him in the midst of every storm, to give Him thanks for everything that comes from His hand. Sometimes it can be difficult to praise God when you feel like life has just handed you a bad hand of cards, but it is within us to apply our faith to God's goodness even in the bad hand. Who knows what awesome purpose this serves, that we cannot see? Doesn't God work all things together for the good of those who love Him? Perhaps the bigger your problem, the greater your miracle will be? These are stepping stones to building up our faith to believe in God's goodness in all things – and when we truly believe it, our praise will be genuine and constant.

So, can you hear it? Are you listening for the heavenly song? Can you hear the heavenly choir? Are you talking with the holy angels and Jesus throughout your day? Reach out and touch; step out by faith and hold a conversation with them as though they were around you all the time – because they are. Just be expecting, remain full of faith, and keep drawing closer to God. Those who glow the brightest are the ones who are closest to the fire.

"Costly grace is the treasure hidden in the field; for the sake of it a man will gladly go and sell all that he has. It is the pearl of great price to buy which the merchant will sell all his goods. It is the kingly rule of Christ, for whose sake a man will pluck out the eye which causes him to stumble, it is the call of Jesus Christ at which the disciple leaves his nets and follows him." -Dietrich Bonhoeffer

Engaged in Guerilla Warfare, Corrupt Political Organizations...

Reverend Christopher Gore

We are still in one of the biggest political battles of our lives. One of the toughest types of warfare that can be encountered in modern times is guerilla warfare. The tactics of guerilla warfare dictate that your enemy works in stealth. Often conducting warfare tactics against you by irregular methods. They are often hidden in shadows, layered in relationships, and covered over by continuous streams of lies. It takes great discernment to know who your friends and enemies are. The ability to sift through agendas and personal causes makes guerilla warfare one of the most effective tools that an enemy can use.

Unless you have studied war and been engaged in conflicts it is very difficult for kindhearted, easy-going people to comprehend how evil the enemy can be. We are conditioned to be forgiving, loving, and to give the benefit of the doubt when it comes to politics. We often downplay the real intentions of those who appear to be light only to discover that they are dark and really love working for darkness. It is in our nature to want to redeem these people and get them saved. Like Pharoah, Judas, and many others in the Bible this will never ever happen. We must be ok with this.

There are good people in all of the political organizations that are out there. They need to be covered in prayer. They mean well. They really want a good outcome for our country. Unfortunately, in the midst of these good people are some very bad people. Sometimes they are leaders and organizers of these political organizations; sometimes they are the lower-level people within these organizations. All of these bad people have been tasked by satan to wreak havoc and destruction within our nation. This being said we must be wise as serpents and harmless as doves

We are being bombarded with messages via email and social media begging us to give and donate to their cause. Something is off. Where were these people when President Trump needed them? They were no where to be found. They didn't help. They in fact turned their back on him when he needed them the most. We now know that they were hidden in these political organizations waiting for their opportunity to use guerilla warfare against President Trump and us who support him. They believe that we are stupid, uneducated, backwoods retards who will just follow them because they use President Trumps images and words in their emails and messages to us.

President Trump has asked us to not support these political organizations who did not support him. He said, "No more money for Republicans in Name Only". Meaning there are political organizations who really do not believe in Republican values. He even sued the ones who are misusing his pictures and words. Yet these political organizations continue to cry, beg, and demand we give to them. They are doing nothing to help President Trump with these monies they are collecting. We need to support the legitimate political organizations like Mike Lindell and abandon those who abandoned President Trump. This is the only way to stop them.

The battle for truth and justice has been placed in our hands. The only hope for change of these political organizations is to fill them with Godly people or if this not achievable then we need them dismantled altogether. There is a petition from Mike Lindell. Please sign it. Go to fix2020first.com and make your voice heard. Mike Lindell is not asking for any money to sign this petition. They just need your support. pg 14

Pumpkin Seeds Benefits Part 2

Nancy Connell

Pumpkin seeds. Who would of thought something so simple could be so helpful. Last week we seen that they help with preventing different types of cancers and relieving some of the symptoms, promotes heart health, lower blood sugar, and has high magnesium in it.

Pumpkins in the shell is a great source of dietary fiber. Fiber helps promote good digestive heath. High fiber diets are also known to help reduce the risk of heart disease, type 2 diabetes, and even obesity.

Pumpkin seeds are good for men as well. They are high in antioxidants and other nutrients that can contribute to healthy testosterone levels and may help improve overall health. Pumpkin seeds are a great source in zinc so not only may this help improve men's sperm quality for those who are at risk of infertility, but also may protect human sperm from damage caused by chemotherapy and autoimmune diseases.

There has been an increase of people having problems sleeping. Eating some pumpkin seeds before bed actually may help. They are a natural source of tryptophan which is an amino acid that can help promote sleep. You do have to eat though a good amount.

How the seeds work is they have zinc in them that can help convert tryptophan to serotonin, which is then changed into melatonin. Melatonin is the hormone that regulates your sleep cycle.

Also just as we have looked at before pumpkin seeds have the magnesium in it so with the right amount of it, it helps get better sleep and even how long you can stay asleep. So if you are having problems sleep it could be linked to having low magnesium levels.

To experience the benefits of the pumpkin seeds it is easy to incorporate it into your diet. They can be eaten either raw, roasted, salted, or unsalted. You can eat them shelled or not shelled. And if you don't like the taste of them but would like to add them into your diet, you can add them to your smoothies, Greek yogurt, and fruit.

Another great way to add them to your diet is sprinkling them into salads, soups or cereals. Some people use pumpkin seeds in baking.

So bringing it all together, pumpkin seeds are great for your diet that is highly nutritious and packed with powerful antioxidants. They may be able to help protect against various health problems as well as help solve dietary deficiencies. It is great to help improve blood sugar levels, fertility and sleep quality. They may even protect against certain types of cancer.

And if that is not enough, their rich nutrient content may provide other health benefits, such as improved energy, mood and immune function.

So adding something so small to your diet such as pumpkin seeds can bring a powerful and positive effect to your health.

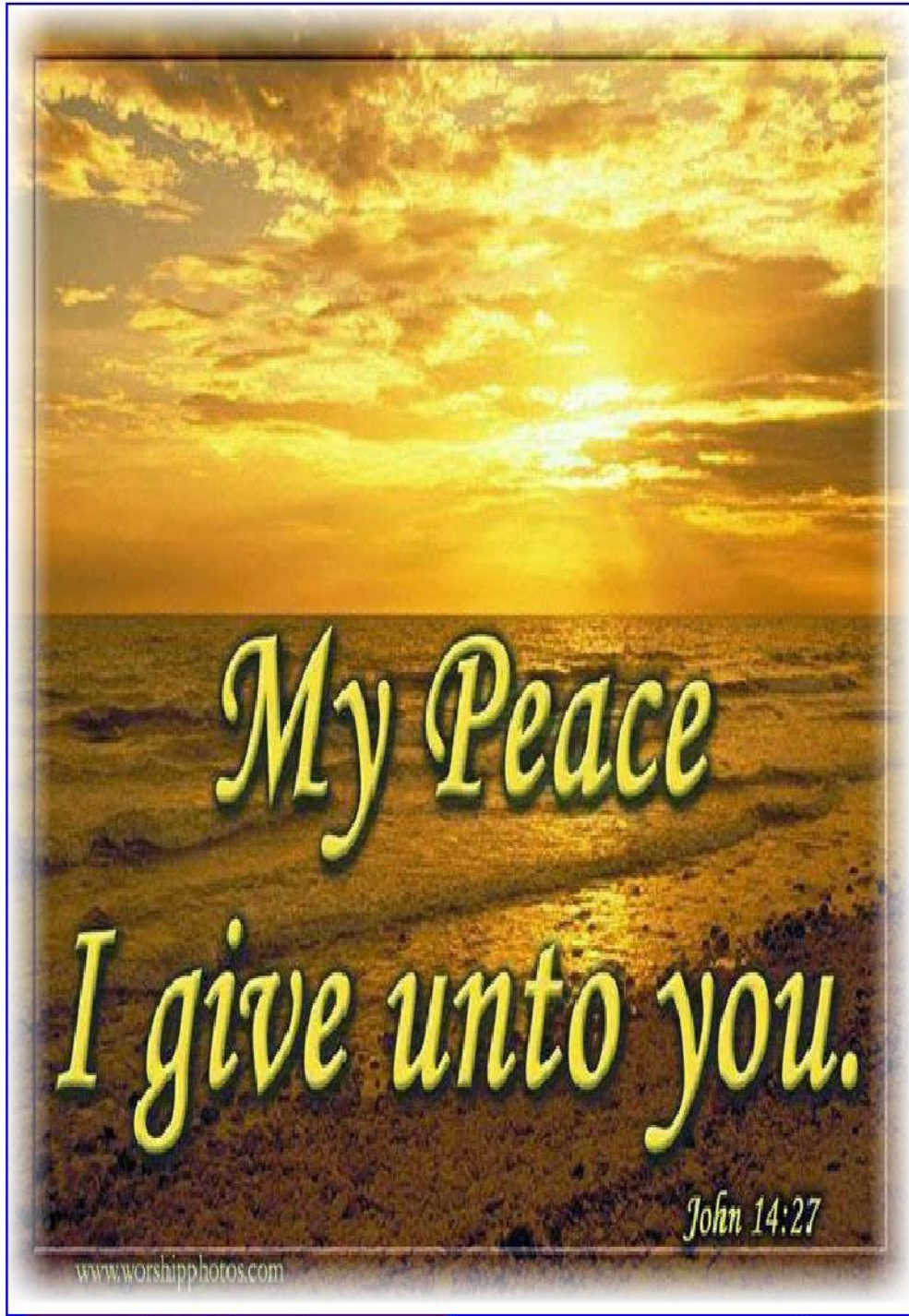
I hope you enjoyed learning more about pumpkins and be able to enjoy them in your diets, while reaping the benefits of bettering your health.

Have an awesome week.

"Safety is not the absence of danger, but the presence of God"

-Unknown

pg 15



The Lighthouse Inc.
6 S Railroad Ave
Wyoming DE 19934
(302) 697-1472
www.lighthousechurchinc.org

