

November 14, 2021 thru November 20, 2021

The will of God will never take you
to where the grace of God
will not protect you.

Grace
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God

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The Hour Has Come

Evangelist Barbara Lynch

The hour has come, for total redemption is upon the land. I have foreordained everything that is happening upon the earth. Absolutely everything is under My control. The great visitation is upon each one of you. I will come to you at any hour of the day or night and I will give you knowledge of what is going on behind the scenes. {see Ephesians 1:7} Redemption is the act of buying something back or paying a price or ransom to return something to your possession.

You are My forerunners upon this earth in this dispensation of time. You are the ones that I have set aside to do this great and marvelous work for The Kingdom of Heaven. I know you have become weary and I know you have fought the good fight of faith. Some of you think you are no longer worthy to stand before Me, but far from the truth. You have earned a special place at My foot stool. At that place of importance, I will reveal deep secrets of My Kingdom. {Forerunner: signifies one who comes in advance to a place where the rest are to follow, or one who is sent on before as a scout to take observations.}

I saw you each time you went back into the old nature. I watched as you shed buckets of tears and hated yourself and the enemy. How you cried out to me with swelling words of repentance. I saw all of it. I whispered tender loving words into your ears and I stroked your head as you lay weeping. {see Psalm 121:5-8}

My children I know all about you. Remember, it was written in your book long before you were placed in your mother's womb. I knew when you would fall and I knew when you would rise back up into your rightful place in My Kingdom. I placed you amongst the forerunners because I know what you are made of. I know I can trust you in the midst of the battle. I know you have your minds stayed upon Me and you will not abort My plans for your life. {see Jeremiah 1:5}

ALL IS WELL! STAND!

**There is no pillow so
soft as a clear
conscience.**



Everlasting Truth

Evangelist Barbara Lynch

Children, there is such a thing as truth, and My children must spread this truth all across this land of the free. The enemy has his cohorts spreading one lie after the other while the church sits silent and allows this to go forth. I am admonishing you this day to stand up for the truth. You must also stand with those who have revealed the truth and are now being persecuted.

Children, if you don't start standing, you will fall. My children should not fear the world; the world should be fearing the church. If you would all ban together with the truth, you will dismantle the lies of the dark side.

Lie, after lie, after lie is being shoved down the church's throat, and the church is swallowing each one. You are not resisting. You are not going the extra mile in prayer and fasting to see the truth prevail. Come little ones; it is past time to stand and be heard. Why is it that each of you stands alone, watching as the world is being overtaken by the darkness? Unity, little ones-it is unity that will prevail and defeat the powers of darkness.

This is a battle that must be won by the church. You can no longer sit idly by with arms folded and all the enemy to prevail. Look around you and see what is happening to this generation. The enemy has fed this young generation lie after lie, and there was no one to advise them what to do next. There was no Godly influence, and you have raised a generation of rebellion to the truth. Who are you going to blame for this tragedy? The blame rests squarely on your shoulders. When you come to grips with this truth, then you must rise up and tear down the walls of darkness that you allowed to be erected.

This generation is confused and twisted because they hear so much untruth, and they have no foundation to stand on; therefore, they are on the wrong path, the path of total destruction. Church, it is your responsibility to see this wrong be righted. It is your responsibility to show Jesus to a lost and dying world. Where are you? Are you on the path of righteousness, or are you still sitting by watching the world be destroyed by the darkness?

Where is your light? Is it bright enough to dispel this total darkness?

Everlasting truth- is a truth that is eternal.

Everlasting truth- is the heavenly message that God has for all of us.

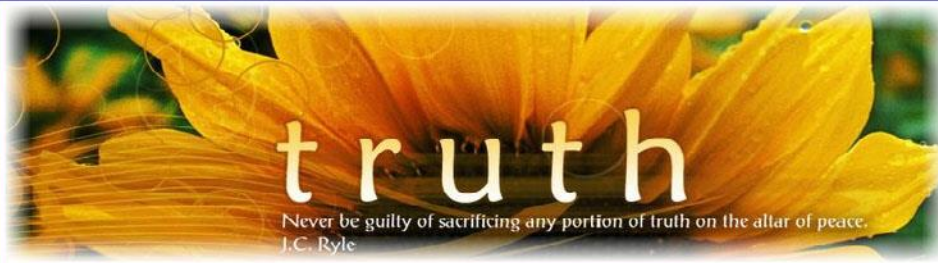
Everlasting truth- is the way that Jesus taught us to live here on earth, as it is in heaven.

Everlasting truth -is a way to overcome the corrupt and evil ways of this world.

If we would just learn to live in God's everlasting truth, and be honest with ourselves and others, we would never have to remember our lies and try to squirm our way out of them when we get caught.

John 14:6 Jesus said to him, "I am the way, and the truth, and the life; no one comes to the Father, but through Me.

Jesus is telling us that He is the everlasting truth, and that He and His message is the only way that any of us are going to have everlasting life in heaven.



Prophetic Word 11-6-21

Sister Teresa R. Michieli

To Those who have ears to hear

The time is right. What do I mean by these words? The time is right for Me to make My move according to My great plan. Much is planned, thought out and made ready for My troops to go forth and bring victory across this land. This is a time to watch, be alert and listen. For any given moment My move shall happen. Be ready. Do not tarry in anyway as you hear My voice. Do that which I have asked of you. Do not delay but act on My words.

Why do I say all of this? For a time is coming when it will be too late to get ready. The knock will have already sounded. You cannot go if you are not prepared. Be alert! Do not look to the left or to the right. Keep your eyes open and straight forward so that you know the direction I have taken. This is the way to go not that way! Every turn must be of Me, so you will not stray off course.

What is this all about? In the coming days there will be much coming forth that you will not be able to comprehend. There will be times when you will say, what do I do now God? What shall we do? In those times you will need to hear My voice for direction so that you do not lose focus of Me.

My people, this is not a hard thing about to happen. You will rejoice and be glad of what is taking place. But there will be times you will wonder, what should we do? I will show you and you will be safe and follow My lead.

The future holds many changes and these changes will be for the good, especially for My people. Many will run to and fro but not you. You will know exactly what to do because I will be with you

You have heard My voice many times, do not listen to another. You will know what is false, My Children. Now come, listen and be intente just as you are doing now. None will be lost. Do not fear, just pay attention and listen, My Children.

So before all this takes place, you will hear many voices talking about what is going to take place. Just listen to Me and you will know for yourself by My voice only.

The times are great, but so am I. You will see wonders before your eyes. Wonders of great things taking place. You will be amazed over and over again. Until that time, stay close to Me and listen for My voice. I shall surely speak.

Your Father in whom all things were created.

Joy and joy in us- moments of trial

Reverend Astrid Sherriff

Joy and joy are defined in Psalm 4:7 You have made my heart overflow with joy, joy greater than that of those who enjoy wheat and wine in abundance. Psalm 9:1-2 I want to praise you, LORD, with all my heart, and tell all your wonders. 2 I want to rejoice and rejoice in you, and sing psalms in your name, O Most High. God wants us to have joy and joy no matter what circumstances we are going through. In the joy and joy of God they are a powerful armor against the enemy. Coming to the center of the storm we find the strength we need in God, and he fills us with his love and his angels minister to us and fight the battles for us. We must always call on angels to assist us in the battle against the enemy. We define Joy as the Feeling of joy or pleasure that is experienced by possessing or expecting some good; happiness; joy. The Hebrew and Greek words used in the Bible to refer to joy, jubilation, rejoicing, and joy express various nuances and degrees of joy. Pure joy is joy in God as His source and object. God is the God of joy (Ps. 104:31); the joy of the Lord is strength (Nehemiah. 8:10); in His presence there is fulness of joy (Ps. 16:11). The highest expressions of are found in the Psalms. The Lord's joy not only strengthens us, but also unites us. This is a joy that cannot be just for us. It needs to be shared! Just as the Israelites were instructed to feast and share what they had among themselves; we can also spread the joy of the Lord among the people we know. The joy of the Lord challenges us to love our neighbor and to bring the gospel to more people. When we are motivated by a joyful heart in God, we are strong and have the power to multiply joy in our community. So, here is the verse the Lord's joy is my strength to encourage you whenever you need it. "Nehemiah said, 'Go and enjoy sweet foods and drinks, and send some to those who have nothing prepared. This day is holy to our Lord. Do not grieve, for the joy of the Lord is your strength'" (Nehemiah 8:10). The Joy of the Lord is found on the path to restoration. God condemns us for sin, and often our first reaction is guilt and shame. But those feelings never come from God. Ezra the scribe gathered all the people. He read God's book to them, and expert ministers explained the words and their meaning to the people. Nehemiah 8:8 says, "They read from the book, from the Law of God, clearly, and gave the meaning, so that the people would understand the reading." Once people understood, they cried. God's Word was opening their eyes to the way they had failed Him, but Nehemiah was quick to remind them who the Lord is. "They could delight in the joy of the Lord because he is an indulgent, kind, compassionate God." However, the earthly tabernacle was a shadow or "type" of the true and perfect tabernacle in heaven (Hebrews 9:11-12). This heavenly holy place is filled with the glory, joy, and strength of the Lord. Certainly, God gives us joy, but we also give Him joy if we do the right thing. Jesus, for example, said, "There is joy in heaven for a sinner who repents..." (Luke 15:7). His joy gives us the strength to face difficulties without giving up. Joy gives us hope where there seems to be no solution and helps us stand firm as we await God's deliverance (Romans 15:30). Psalm 19:8 The precepts of the LORD are right: they bring joy to the heart. The Lord's commandment is clear: It gives light to the eyes. The disciples were filled with joy and the Holy Spirit. The kingdom of God is not food or drink, but justice and peace and joy by the Holy Spirit.

May the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit. Acts 13:52 And the disciples were filled with joy and the Holy Spirit. 2 Corinthians 8:2 In 7 the most difficult trials, his overflowing joy and extreme poverty abounded in rich generosity.

Alegría y gozo en nuestros momentos de prueba

Reverenda Astrid Sherriff

Alegría y gozo es definido en Salmo 4:7 Tú has hecho que mi corazón rebose de alegría, alegría mayor que la que tienen los que disfrutan de trigo y vino en abundancia. **Salmo 9:1-2** Quiero alabarte, Señor, con todo el corazón, y contar todas tus maravillas. **2** Quiero alegrarme y regocijarme en ti, y cantar salmos a tu nombre, oh, Altísimo. Dios quiere que tengamos gozo y alegría sin importar las circunstancias que estemos pasando. En el gozo y alegría de Dios son una armadura poderosa contra el enemigo. Al venir al centro de la tormenta encontramos la fortaleza que necesitamos en Dios y él nos llena de su amor y sus ángeles nos ministra y pelean las batallas por nosotros. Siempre debemos llamar a los ángeles para que nos asistan en la batalla contra el enemigo. Definimos Gozo como el Sentimiento de alegría o placer que se experimenta al poseer o esperar algún bien; felicidad; júbilo. Las palabras hebreas y griegas que se usan en la Biblia para referirse a gozo, júbilo, regocijo y alegría, expresan diversos matices y grados de gozo. El gozo puro es el gozo en Dios como su fuente y objeto. Dios es el Dios del gozo (**Sal. 104:31**); el gozo del Señor es fortaleza (**Nehemías. 8:10**); en su presencia hay plenitud de gozo (**Sal. 16:11**). Las más elevadas expresiones de se encuentran en los Salmos. alegría del Señor no solo nos fortalece, sino que también nos une. Esta es una alegría que no puede ser solo para nosotros. ¡Necesita ser compartido! Así como los israelitas fueron instruidos para festejar y compartir lo que tenían entre ellos, también podemos difundir el gozo del Señor entre las personas que conocemos. La alegría del Señor nos reta a amar a nuestro prójimo y a llevar el evangelio a más personas. Cuando estamos motivados por un corazón alegre en Dios somos fuertes y tenemos el poder de multiplicar la alegría en nuestra comunidad. Por ello a continuación te presentamos **el versículo el gozo del Señor es mi fortaleza** para que te aliente cada vez que lo necesites. “Nehemías dijo: ‘Ve y disfruta de comidas y bebidas dulces, y envía algunas a aquellos que no tienen nada preparado. Este día es santo para nuestro Señor. No te aflijas, porque el gozo del Señor es tu fortaleza’” (**Nehemías 8:10**). **El gozo del Señor se encuentra en el camino hacia la restauración.** Dios nos condena por el pecado, y a menudo nuestra primera reacción es culpa y vergüenza. Pero esos sentimientos nunca provienen de Dios. Ezra el escriba reunió a toda la gente. El les leyó el libro de Dios y ministros expertos explicaron las palabras y su significado a la gente. **Nehemías 8:8** dice: “Leyeron del libro, de la Ley de Dios, claramente, y dieron el sentido, para que la gente entendiera la lectura”. Una vez que la gente entendió, lloró. **La Palabra de Dios les estaba abriendo los ojos a la forma en que le habían fallado**, pero Nehemías se apresuró a recordarles quién es el Señor. “Podrían deleitarse en el gozo del Señor porque él es un Dios indulgente, amable y compasivo”. Sin embargo, el tabernáculo terrenal era una sombra o “tipo” del tabernáculo verdadero y perfecto en el cielo (**hebreos 9: 11-12**). Este lugar sagrado celestial está lleno de la gloria, el gozo y la fuerza del Señor. Ciertamente, Dios nos da alegría, pero

también le damos alegría si hacemos lo correcto. Jesús, por ejemplo, dijo: “Hay gozo en el cielo por un pecador que se arrepiente ...” (**Lucas 15: 7**). **Su alegría nos da la fuerza para enfrentar las dificultades sin rendirnos.** La alegría nos da esperanza donde parece que no hay solución y nos ayuda a mantenernos firmes mientras esperamos la liberación de Dios (**Romanos 15:30**). **Salmo 19:8** Los preceptos del Señor son rectos: traen alegría al corazón. El mandamiento del Señor es claro: da luz a los ojos. Los discípulos estaban llenos de gozo y del Espíritu Santo. El reino de Dios no es comida ni bebida, sino justicia y paz y gozo por el Espíritu Santo. El Dios de la esperanza los llene de todo gozo y paz en el creer, para que abunden en esperanza por el poder del Espíritu Santo. **Hechos 13:52** Y los discípulos quedaron llenos de alegría y del Espíritu Santo. **2 corintios 8:2** En medio de las pruebas más difíciles, su desbordante alegría y su extrema pobreza abundaron en rica generosidad.

Delaware's Proposed Equal Rights Amendment

Reverend Christopher Gore

The devil continues to destroy this country from his newest stronghold in Delaware. His latest plan involves House Bill (HB) 199 which proposes to change the Delaware Constitution by creating an amendment that will give rights to the LGBTQAI+ community. HB 199 is being called the Equal Rights Amendment.

This is very disturbing to report but we need to be in prayer about this situation. We cannot forget that Biden lives in Delaware. Because of this, Delaware now houses the strongest demonic principality and power in the entire United States. This is a call to all intercessors take this seriously. The things that occur legally and spiritually in Delaware are literally affecting the entire country. In 2020 Delaware elected its first openly transgender senator, Sarah McBride. Sarah used to be Tim McBride. The transgender community has the full support of Biden.

Biden has been quoted as far back as 2012 (While he was Vice President under Obama) saying that, “Transgender Discrimination is the Civil Rights Issue of Our Time.” Biden overturned President Trump's ban on transgenders in the military, and recently appointed Rachel Levine to a position four-star admiral in the Health Service Corps. There is nothing new under the sun but the agenda that now comes from the LGBTQAI+ community has in the past and will continue in the future to have the full backing and support of Joe Biden. Biden resides in Greenville, Delaware. Think about this. He is supposed to be in the White House attending to his Presidential responsibilities, yet he often remains in Delaware. Why? Biden attended former Governor Ruth Ann Minner's funeral this week. Why? What's the tie between all of this? I don't know but there is something that we are not seeing.

Behind the scenes in the Delaware Legislature this commitment to LGBTQAI+ community is ongoing. In September HB 224 was passed and is awaiting signature of the Governor. Once signed the legal framework needed to protect the LGBTQAI+ community from discrimination will be in place. However, they are not stopping with State law, they are now moving to change the Constitution of Delaware. Sitting in Committee right now is HB 199, an act to change Delaware's Constitution with an amendment which will make the LGBTQAI+ have rights “protected” by Delaware's Constitution. This is setting the framework the LGBTQAI+

community to be a protected class of people.

We have HB 224 why do we need HB 199? The claim is being made that this needs to be done in order to secure the civil rights of the members of the LGBTQAI+. This is far from the truth. Delaware has enacted State law to help curb and discourage discrimination against this community from taking place. What this new agenda is aiming to do will cause religious organizations, non-profits, and Churches to lose their constitutional right to run their organizations without interference from the LGBTQAI+ community.

This represents a change in strategy from the enemy. They're no longer attacking what is being preached behind the pulpits. This new strategy involves infiltration of the organization by claiming discrimination. If they make this a constitutional right through the law this will enable the members of the LGBTQAI+ community to be seated on boards, take positions on staff, and other strategic places of interest inside of religious organizations, non-profit organizations, and churches. Can you imagine the chaos this will create inside of these organizations? This is not about civil rights. This is not about this community being discriminated against. This really is about silencing Churches and the people of God. We have a lot to be watching and praying about.

"The Purpose of Fasting & Why You Should Do It" Part 2

Jennifer A. Miskov, Anaheim, California

Why I Fast

For over twenty-five years now, I have integrated fasting into my lifestyle and have experimented with most of the fasts mentioned earlier at one time or another in my spiritual journey. I took a class called Spiritual Disciplines in my final year at Vanguard University where my professor, Bill Dogterom, had us all fast one day every week throughout the term. Though that was one of my hardest semesters, because I embraced the spiritual disciplines, including fasting, I ended up getting the best grades that term. I have continued that rhythm of regularly fasting on Mondays ever since then.

So, yes, I am one of those weird people who actually likes the spiritual discipline of fasting. It's not that I don't enjoy food; it's just that I love that I can do something to position myself to increase my hunger for God and accelerate my spiritual growth. I love that I can experience more of God simply by setting myself totally apart to hunger after Him. He is my portion and my prize.

I have experienced such radical focus, clarity in decision-making, and alignment with His perfect will when I have embraced fasting. Similar to putting on goggles under water, fasting has helped me see more clearly in the spirit, time and time again. I am by no means an expert—just someone who has discovered the joys of fasting and the increased intimacy and revelation that accompany it. I simply want to make sure everyone knows how special and easily accessible this truly is.

I fast...

- To encounter more of God
- To commune with God
- To grow in my hunger for God
- To be purified afresh for His purposes in my life

- To be set apart for Him
 - To sow into the next season of my life
 - Because Jesus fasted
 - To tap into the wells of other revivalists
 - To be ready to step into what God is doing
 - To see breakthrough
 - To refine my focus
 - To seek wisdom and get clarity in my decisions
 - To be aligned in His purposes for my life
 - As an act of consecration and worship unto Him
 - To stay full of the oil of the Holy Spirit
- Fasting to Stay Full of the Oil of Intimacy

While the reasons I fast at different times vary, I generally and regularly fast the most because I want to stay full of the oil of His presence. I want to steward the fire of loving Jesus well.

For certain types of lamps, oil is necessary to keep the fire burning inside. Fasting is one way of keeping our lamps full of oil so that the fire of God within us never goes out. If oil can also represent the Holy Spirit, another way of saying this is that fasting helps us to remain full of the Holy Spirit so that we can continue to burn bright for Jesus and be ready in season and out.

In Matthew 25:1-13, Jesus says that the Kingdom of Heaven is like ten virgins who took their lamps to meet the bridegroom. The only problem was that five of these virgins did not bring enough oil with them for their lamps. The other five brought extra jars of oil so that they would be ready at any hour to continue on with the bridegroom whenever he decided to show up.

The bridegroom hadn't yet arrived, and it was getting late. They all got tired and fell asleep. Then right in the middle of the night, they heard the cry that the bridegroom had arrived. They immediately awoke and trimmed their lamps so that they could enter in with the bridegroom. The five foolish virgins ran out of oil and were unable to continue the journey. They didn't have enough oil to keep their fire burning. They asked the five wise virgins for some of the oil they had stewarded for that very moment but were met with a clear "no."

The five wise virgins were not going to risk letting anything hold them back from this moment. The five unprepared virgins ran off in the opposite direction to get oil, while the five wise virgins went straight into the wedding banquet with the bridegroom. Then the door to the party was shut.

By the time the foolish virgins made it to the front door, it was too late. Because of their lack of stewarding the oil, the bridegroom didn't even recognize these other virgins when they finally arrived. He said he didn't even know them. Jesus ends this story with a line I rephrase to go something like this: "Therefore, keep watch, remain full, stay ready, for we do not know when God is going to act next, appear in His glory, or demonstrate His power." God wants us to be ready so that even if it's midnight or an hour we least expect, we are full of Him and ready to step into all that He has for us.

I want my lamp to be so full of the oil of the Holy Spirit that when it's time to enter into the secret chambers with the One I love, I am ready. I want to be so full of the Holy Spirit that when it's time to cast out demons, love the brokenhearted, stop for the one in front of me, or step out in courageous

faith, I will be ready to respond. I want to be flooded with God's love so much that the overflow spills out to those around me. I want to be like one of the five wise virgins who remained ready for the arrival of the bridegroom and were able to enter into all that God had for them. I want to be totally possessed by the Holy Spirit and always ready to step into the fullness of my God-given destiny. I want to be ready to advance the Kingdom of God in season and out.

Fasting is one of the ways we can be intentional about being filled with the oil of His presence and focusing our attention upon the Bridegroom.

Trauma Bonding pt. 2

Reverend Kathryn Gore

When you hear the phrase "Trauma Bonding" one may think of two people who lived through trauma and are now supporting one another for emotional support. This is the opposite of what trauma bonding means. Trauma Bonding is shared trauma that develops within that personal relationship between two people: causing major damage to one's life both spiritually and physically. Have you ever wondered why it seems to be hard for a person to walk away from a toxic relationship? "Trauma bonds are the attachments that we have with our abusers. It's when we have fond feelings or miss individuals who have abused us because we've developed a connection to them" per psychotherapist Jourdan Travers. You find yourself being hurt over and over again, only to be drawn back to the person who hurt you. This reminds me of the Stockholm Syndrome.

The Stockholm Syndrome is an emotional response that one carries towards their abuser. Positive feelings can occur for those who are being held captive towards their captor. Sometimes, people who are held as prisoners or are subject to abuse can have feelings of sympathy or other positive feelings that develop over a period of time. I recently watch a movie that brought this to light. A man kidnapped a woman, created a home for her in his basement. Took her as a prisoner and locked her into the basement to build a sense of normalcy in his mind. She was convinced after time went on that this man loved her and they were supposed to be together. She saw the signs of his abuse and was even afraid of him but when he kidnapped another woman and brought her into the "family", the first woman became extremely jealous. She lost his attention and she was not happy about that. Her freedom was taken away from her. She had no other option but to either live by the rules of her abuser or die if she tried to escape; and all she could think about was him no longer giving her the attention that she used to have? This sounds bizarre but this happens over and over again. Maybe not in this scenario but the behavior patterns can be very similar.

In research Trauma Bonding are known the most within romantic relationships. One in four women and one in 10 men are victims of intimate partner violence, according to CDC data.

Signs of Trauma Bonding

1. Unhealthy patterns of hot-and-cold behavior that becomes more consistent within a person's behavior is a sign of trauma bonding. Many of us are aware that in the beginning stages of a relationship, a person tries to impress you by making you feel good about yourself as an individual. They make you feel attractive to the point that you learn to love, trust and even

develop a sense of safety around them. This is called the “honeymoon phase” but a person who has toxic behavior, eventually the mask comes off and you will see their true nature. You may start to see patterns of lying, manipulation, deceit and but at one point, you thought they were interested in everything you were interested in, they made you feel happy about life.

2. These new findings of the toxic behavior in your partner can make you feel drained to the point that you avoid open communication- You become confused and a part of you would like to shut down. This can take a toll on your physical body. You become lost, trying to figure out why the change in the behavior. According to research, you no longer feel alive but depleted [used up, exhausted]. A toxic relationship can be filled with crazy-making behavior that if your not careful, you will learn to accept the unwelcoming behavior through fear, you no longer feel safe with sharing open thoughts so you say less and share less.

3. You don't feel like yourself and keep secrets- Oppressive behavior can bring a form of control over someone's life causing them to feel isolation stripping away the sense of self and all that they have known before they entered into this toxic relationship.

4. Defending your partner's bad behavior- You make every excuse for them but others see the change in you and know that something is not quite right. You may say things that do not add up from your honeymoon stage causing people to notice red flags within your relationship.

5. Persistent loyalty in the face of danger-You stay loyal through threats, physical and emotional abuse, intimidation, betrayal and so forth.

All of this is a form of bondage. God wants us to be set free. Do not allow for yourself to accept toxic behavior within your personal relationships. You never know what hole you could be digging for yourself in the future.

Stay tune for more on Trauma Bonding.

Embracing the gifts of the Holy Spirit

By Theresa McGinnis

Most people, when it comes to the Holy Spirit are cowards. As they go through life trying to be liked by all and to fit in to this world, they are afraid of being seen as a believer in the Holy Spirit. If they did, they would be viewed as strange, different...crazy. They do not want people to view them in this manner, so they tamp down what the Holy Spirit is leading them to do, and play it safe; that is, they ignore the Holy Spirit. What we need to know is that every time that we ignore the Holy Spirit, someone isn't ministered to, someone isn't saved, someone is lost. We've replaced the Holy Spirit or the spiritual anointing with things that we feel will make us accepted and popular. There are many who have never heard of the Holy Spirit and even less have witnessed the moving of the Holy Spirit. What we need is a refresher on the 9 gifts in the church today.

First there is the Word of Wisdom. God is able to give us a supernatural solution to a problem that cannot be solved by man's ideas. This will move you from man's carnal ways to heaven's wisdom. Secondly, the Word of Knowledge. This is similar to the Word of wisdom except with the Word of Knowledge, information is revealed to you that there is no way that you could know. The next gift is the Gift of Faith. Most people have a degree of faith, but this faith is a big faith that will give you the ability to

believe for big things. And when you operate in supernatural faith you cause others to be motivated to believe for things they couldn't have before. The gift of healing comes next. There are different types of healing gifts, gifts for emotional healing, physical healings, healing of broken marriages and many others. There are gifts for healing of bodies, minds and broken hearts. The gift of miracles is yet another gift. In the book of Acts we see a series of miracles and our God has not changed. If we do not believe that God is still a miracle working God, then we are showing the world a puny God indeed, one with no power. Then there is the gift of prophecy. This is a special gift because everyone wants to hear God speak to them. Prophecy is supernatural encouragement because it edifies the person who receives the Word, even when it is corrective. But you need to be willing to take the chance and open up your mouth let God use you to bless someone else. The discerning of the Spirits is an important gift because it allows us to be able to know the difference between God and a demonic counterfeit. This gift will keep you from being fooled by the enemy. One that people feel really uncomfortable with is speaking in tongues. 1st Corinthians 12:10 tells us that there "is various kinds of tongues". This is our own private prayer language that you can use, it will help you to pray correctly when you do not know how to pray, and sometimes it is a language that is understood by someone present that God wants to minister to in their own language. Lastly is the interpretation of tongues. As with tongues, this gift can relay a message from God that was spoken in an unknown tongue. There are no language barriers with God. God wants His gifts flowing through us, but He will never force you. Become a willing vessel that God is able to work through.

Restoration of the Church

Reverend Aaron Betz

I heard God say: Children I have issued forth edicts and I have turned over the tables. All that you have given Me I have ordered to be removed, cleansed, and restored. I am making a quick work of this. Is your hand in Mine? Then what you have need of will surely be given you.

God is calling His works in our lives complete. This means that at this point in our walks, we are ready to enter into the deeper chambers of His Heart. We are at the point that we need to be at in order to move in Kingdom authority and be placed on the road of our destinies. When in the past we have had things in us that would not truly submit to Him, now we have been brought close.

Ephesians 2: 12-13 [BSB] Remember that at that time you were separate from Christ, alienated from the commonwealth of Israel, and strangers to the covenants of the promise, without hope and without God **in the world**.

13But now in Christ Jesus you who once were far away have been brought near through the blood of Christ.

God has renewed us in a way that has freed us from the beggarly things of the fallen world. The deeper nature of God {Himself} is being opened to us and we will now be able to obtain a weightier glory and grace within our lives.

God says: Children the Deeper Works will require this deep admittance into the chambers of My Heart. I am here to restore and mend, but you don't need to take time for Me to work on you; As you march forward doing what you know to do within My Presence there will be all of the healing and

restoration necessary to complete the work within you and you will grow from this place.

I see that many things which God has promised us are on their way now and actually intact within us. The seeds are now ready to grow. The talents, giftings, and anointings have been cleansed and will now fit together as God's work of art.

Ephesians 2:10 [ESV] For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

God says: I call you My masterpieces and dear ones, you will understand why things had to be so hard real soon. You have earned the Keys to the Kingdom and you have come forth in bronze, silver, and, gold and you will be restored: totally restored.

Matthew 16:9 [BSB] I will give you the keys of the kingdom of heaven. Whatever you bind on earth will be bound in Heaven, and whatever you loose on earth will be loosed in Heaven.”

WHAT IS ANAPHALAXIS

Reverend Naomi Nichols

Anaphalaxis is a powerful reaction to something eaten or injected. **This reaction can cause death if it is not treated immediately.** The reaction occurs within seconds of exposure to the offending substance. For example, if you are allergic to bee stings and you get stung by a bee, the reaction occurs immediately. Or what if your friend is allergic to nuts and you didn't know that and you bought a Hazelnut coffee, you will see a physical reaction immediately.

WELL KNOWN CAUSES INCLUDE:

1. Medications – penicillin and related antibiotics, aspirin and sulfa drugs
2. Food – shellfish, nuts, eggs, monosodium glutamates, nitrates and nitrites
3. Insect stings – honeybee, yellow jacket, wasp, hornet and fire ants
4. Plant pollen
5. Radiographic dyes

SIGNS AND SYMPTOMS

1. The first thing the person will do is grab their throat and say **“I feel like my throat is closing”**
2. Windpipe and throat start tightening and swelling and it feels like they are suffocating
3. Sneezing, coughing, wheezing, shortness of breath, blueness around lips and mouth
4. Tightness in the chest, tightness and swelling in the throat
5. Swelling of tongue, eyelids, and whole face

TREATMENT

1. As soon as they say “I feel like my throat is closing”, call 911 immediately
2. Ask if they have an Epi-Pen. Usually a doctor will prescribe 3 Epi-Pens to a patient with severe reactions to allergies

3. Grasp the Epi-Pen in your hand and take off the cap and inject it in the thigh of the patient.

It auto injects and the Epinephrine goes in the thigh and immediately starts reversing the process. **This is a life-saving medication.** Patients are in distress and usually forget they have this drug.

4. Write on the top of their hand the time you gave it so medical personnel know the exact time

it was given so they can continue to give additional doses at the proper time.

5. If they do not have an Epi-Pen and Benedryl is available, give them one dose of Benedryl.

YOU CAN HELP IN KNOWING THE FACTS TO SAVE A LIFE

Go Forth!

Reverend Brett Connell

There are so many things we take for granted, perhaps without even realizing it. The very act of waking up is a miracle from God, and drawing each breath is a privilege we have received by His grace alone. There are many truths like these, but oftentimes we overlook them and continue on about our day. While we shouldn't lock ourselves in a room and only thank God for every little detail – we should receive a new mindset of thankfulness and gratefulness that acknowledges God as our Creator, sustainer, and provider. A mindset that places God at the center of all things, while we continue about our daily lives and every day affairs.

We all love it when our kids, for example, may come up to us and just give us a quiet hug or tell us that they love us because it was simply on their heart to do so. It is the same way with us and God, our Father, and He loves it when we place Him at the center of our hearts. This is where true peace and joy comes from. The Word of God tells us that if we place God's Word at the forefront of our hearts and minds, we can walk in perfect peace. God's Word is full of every good, wholesome, and positive thing. God's Word speaks life and encouragement – it is full of hope and power, and this is what God wants to bring alive within us.

If we don't have love, there is nothing we can do. God is love – and without love, we don't have God. Love is so important, and it takes shape in many different ways. If you ever don't know what to do in your walk with God – then just do love. Acts of love will always bring in the presence of God, and your life will be marked with the signs that accompany His great love. I have known many people who are true vessels of God simply because of their commitment to walking in total love. They may not know much of what is taught in church, but their lives are a witness to the law of love.

First you must accept God's love for you – in all it's fullness. When you allow God to tear down the walls of pain and trauma, and take any negative emotions out of your hearts, God can deliver you from the evil clutches of the enemy and cast out demonic spirits from your soul. A whole new level opens up where you can love yourself and see yourself as God sees you. When you have been freed through deliverance to receive God's love, and love yourself, then you can love others with the love of God. Understanding who you are in Christ is a vital key to all of this.

The fact that you are here, alive, and reading this bulletin in it's entirety

is proof that God loves you unconditionally, and that His hand of grace is upon you. You are a mighty warrior in Christ, you have been born for a reason and a purpose – and God is eagerly setting up Heaven and earth for you to go forth knowing who you are, how you're made, and what you'll do for His Kingdom. There is no mistake about you, and all of Heaven rejoices at what you'll do in the days ahead. Keep moving forward, and don't ever give up! You have the victory in Christ!

Pumpkin Seeds Part 1

Nancy Connell

Pumpkin themselves are very healthy for you as we have looked at in the other couple of articles. The pumpkin seeds are also very healthy for you. They are full of nutrients and help in prove heart health, prostate health, and protection against certain cancers.

Pumpkin seeds are rich in antioxidants, iron, zinc, magnesium, and many other types of nutrients. The antioxidants can help reduce inflammation and help protect yourself from many diseases such as different types of cancer. These cancers have been linked into helping to reduce the risk of different cancers such as but not limited to stomach, breast, lung, prostate, and colon cancers.

With prostate issues and overactive bladder, the pumpkin seeds may reduce the symptoms. A condition called benign prostatic hyperplasia (BPH) – the prostate gland enlarges and causes problems urinating. When you add the pumpkin seeds to your diet it may help relieve these symptoms and reduce them. It will so help an overactive bladder because of the same reason.

Another great benefit is pumpkin seeds are one of the best sources of magnesium. Magnesium is needs to help multiple chemical reactions in your body. If you have the proper levels of magnesium, it can help controlling blood pressure, reduce heart disease risk, forming and maintaining healthy bones, and regulating blood sugar level.

So because of the pumpkin seeds are such a great source of antioxidants, magnesium, zinc and fatty acids, it is one of the many it helps your heart be healthy. It also helps expand blood vessels, improving blood flow and reducing the risk of plaque growth in your arteries.

Who knew that the nutrients in pumpkin seeds may help keep your heart healthy by reducing blood pressure and increasing good cholesterol?

And if that isn't enough, because of the high magnesium content in pumpkin seeds, it is very helpful for those who struggle with controlling their blood sugar levels. There is more research going into this to confirm these benefits for those who have type 2 diabetes.

There is still more but you will have to wait until next week to find out what it is. Have an awesome week and may you be blessed.

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For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

Ephesians 2:8-9

FOR IT IS BY GRACE
YOU HAVE BEEN
saved,
THROUGH FAITH—AND
THIS NOT FROM YOURSELVES,
IT IS THE
gift of God.

Ephesians 2:8

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